

19 Day Feast Pages for Kids

INTRODUCTION TO THE BAHÁ'Í MONTHS AND HOLY DAYS

Rahmat means "Mercy"

or compassion or forgiveness shown toward someone whom it is within one's power to punish or harm.

Month 6
RAHMAT

There is a Holy Day in the month of Rahmat. The **Martyrdom of The Báb** begins at noon on the 17th day. On this day, Bahá'ís around the world gather together to show their respect for the Báb. The Báb was a Messenger of God who prepared the world for Bahá'u'lláh.

"... let your adorning be forgiveness and mercy and that which cheereth the hearts of the well-favored of God."

~ Bahá'u'lláh

"...Therefore strive that your actions day by day may be beautiful prayers. Turn towards God, and seek always to do that which is right and noble. Enrich the poor, raise the fallen, comfort the sorrowful, bring healing to the sick, reassure the fearful, rescue the oppressed, bring hope to the hopeless, shelter the destitute! This is the work of a true Bahá'í, and this is what is expected of him." ~ 'Abdu'l-Bahá



Holy Days in Rahmat



Shrine of the Báb

The Martyrdom of The Báb is honored on the 17th day of Rahmat. On this Holy Day, Bahá'ís gather together to remember The Báb. The Báb was a Manifestation of God. Manifestations of God bring messages to help humanity live according to God's laws. The Báb taught us how to love God. He gave His life to help others get ready for the next Manifestation of God, Bahá'u'lláh. The word "Báb" means "Gate" in Arabic.

People often heard The Báb chant His short prayer and would be overcome with emotion. Some of those people would even start to cry. This was because they could see how much The Báb loved God.

The Báb was full of love for God. This was true in the happiest of times and in the hardest of times.

Even when the Báb was imprisoned in a cold mountain fortress, he was full of love for God.

"O God, my God, my Beloved, my heart's Desire." ~ The Báb

The Báb called that mountain, 'Grievous Mountain'. He was imprisoned there by the government after he declared himself to be a messenger from God. The leaders did not believe him. Even when these leaders ordered that The Báb be killed, He was full of love for God.

After The Báb was killed, or martyred, Bahá'u'lláh and the Bahá'ís protected His remains for nearly 60 years. During those 60 years, the followers started to build a mausoleum for remains of The Báb. Mausoleums are buildings specially built to honor and protect the remains of very important people. The mausoleum for The Báb is called the Shrine of The Báb and it was built on Mount Carmel in Haifa, Israel. It is beautiful and has a golden dome. Some call it the Queen of Carmel because of its golden crown.

The Báb's love for God continues to shine when we read His Writings. Let's say His short prayer together.



Gems Kids Talk

SOO: Hi guys! The Feast of Rahmat is almost here. Rahmat means mercy. It reminds me of the Mercy retirement home. The junior youth visit there sometimes to help out. I get to go too. Sometimes the residents ask us to pray with them. They really like it when we sing the prayers!

FAIZI: That sounds nice. When I say prayers by the Báb, it reminds me of how He was so merciful. He wasn't even angry about being killed. His story is ... well, it's very sad. But, magical things happened, too. Ten thousand people watched when He and His companion were ordered to be executed. When the smoke cleared from all those rifles shooting, the Báb was gone, and Anís was still standing there, unharmed! Only the ropes that had tied them got shot! They found the Báb back in His prison cell dictating a letter. That just blows my mind!

OLINGA: I know! That story is amazing. I found some beautiful pictures of the Shrine of The Báb online. I also found some nice music about the Báb. It was made by some friends in Namibia singing.

DOROTHY: We're memorizing a quote about mercy in children's class. I'm making word strips to help everyone memorize it. You get to take turns putting the words in order. It's fun!



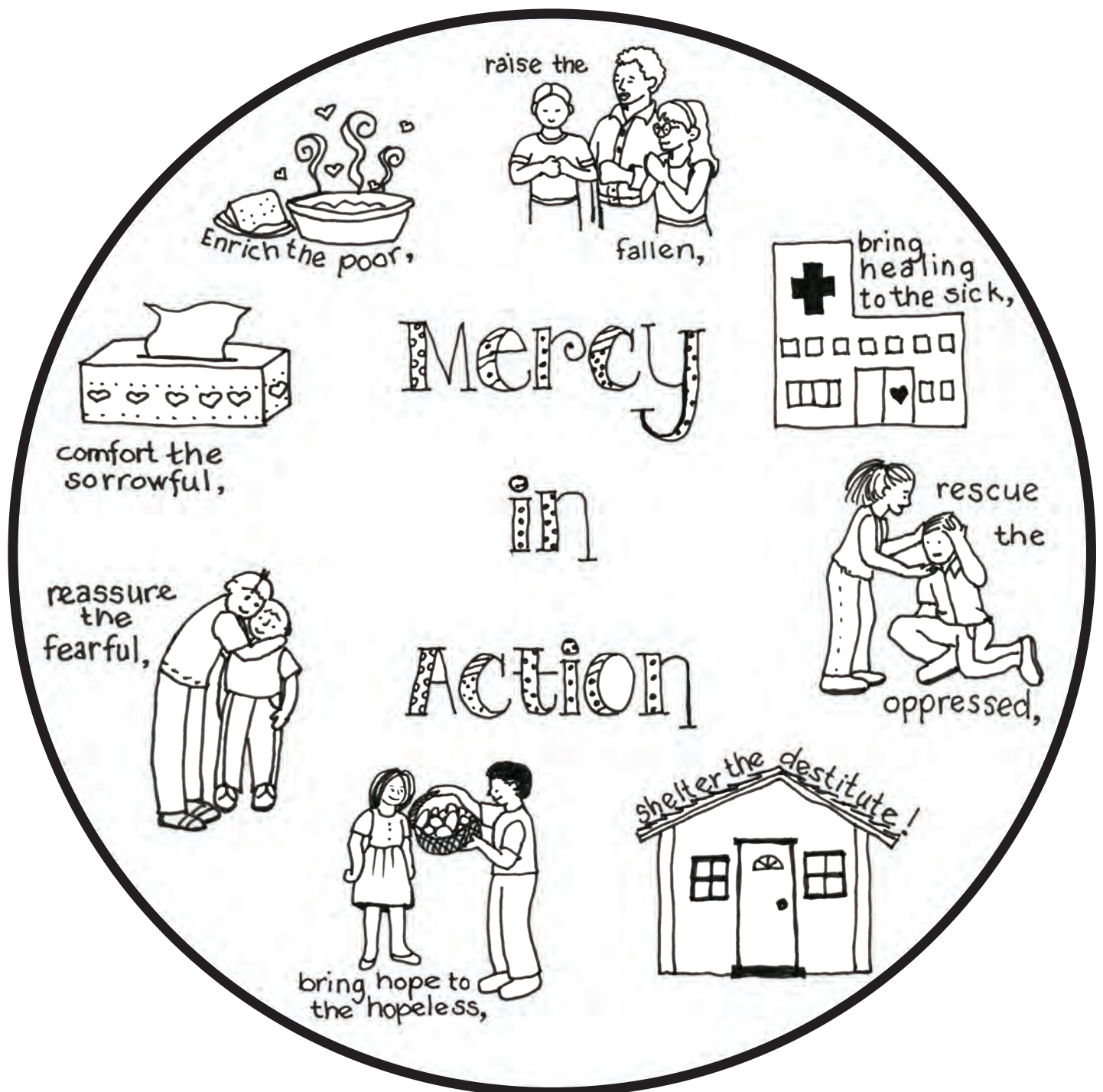
Gems Coloring Page

“O God, my God,
my Beloved,
my heart's
Desire.”
~ The Báb



Gems Coloring Page

“...Therefore strive that your actions day by day may be beautiful prayers. Turn towards God, and seek always to do that which is right and noble. Enrich the poor, raise the fallen, comfort the sorrowful, bring healing to the sick, reassure the fearful, rescue the oppressed, bring hope to the hopeless, shelter the destitute! This is the work of a true Bahá'í, and this is what is expected of him.” ~ ‘Abdu’l-Bahá



Gems 10-Word Word Search

"O God, my God, my Beloved,
my heart's Desire." ~ The Báb



Word Bank

ADORNING

NOBLE

HOPE

RAHMAT

STRIVE

FALLEN

SHELTER

PRAYERS

HEALING

MERCY

T C A R U N O N S G N O B L E
 E Z M H N S Y G J R S F R K J
 O U X O B S A R Z A H J H I M
 B F N P X T W Q Z H E M Z H Z
 Z S B E I R W M U M L Y P H T
 W L V P M I M I X A T Q R E R
 U L A O H V E U Z T E I A A A
 B P L D Q E R F B J R V Y L K
 Q M G O O X C F A W H I E I Q
 H L G C V R Y A O L L K R N D
 O U U X P Z N B X V L S S G D
 T I D A E C D I K T I E A N J
 K W T A E T X X N K F F N E Q
 R S X N Y Z O W S G B J V W A
 S Z A I P A W C A P Z A A L N

N O B L E
 E Z M H N S Y G J R S F R K J
 O U X O B S A R Z A H J H I M
 B F N P X T W Q Z H E M Z H Z
 Z S B E I R W M U M L Y P H T
 W L V P M I M I X A T Q R E R
 U L A O H V E U Z T E I A A A
 B P L D Q E R F B J R V Y L K
 Q M G O O X C F A W H I E I Q
 H L G C V R Y A O L L K R N D
 O U U X P Z N B X V L S S G D
 T I D A E C D I K T I E A N J
 K W T A E T X X N K F F N E Q
 R S X N Y Z O W S G B J V W A
 S Z A I P A W C A P Z A A L N

Gems 10-Word Matching Lists

"...strive that your actions day by day be beautiful prayers.
Turn towards God and seek always to do that which is right and noble."
~ 'Abdu'l-Bahá

Can you match the word on the left to the closest
meaning on the right?

Draw a line between the words.

Check the key to see if you got it right!



WELL-FAVORED

TRY HARD

RAHMAT

MILITARY STRONGHOLD

ADORNING

REQUIRED

STRIVE

COMPASSION OR FORGIVENESS

NOBLE

DECORATION

PRAYERS

CONVERSATION WITH GOD

EXPECTED

ARABIC WORD FOR MERCY

FALLEN

HAVING HIGH MORAL PRINCIPLES

FORTRESS

LIKED OR PREFERRED

MERCY

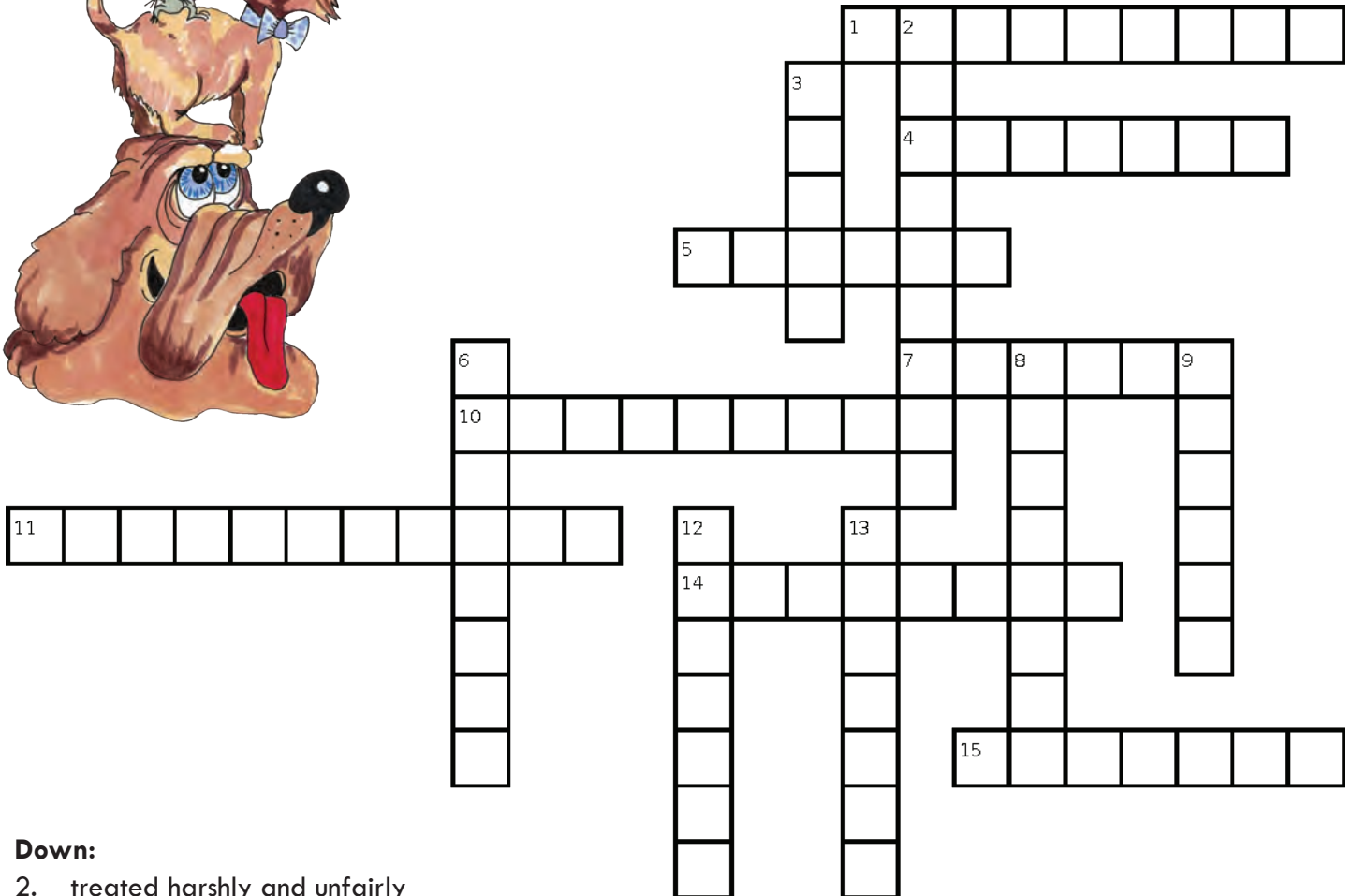
DISHONORED

WELL-FAVORED	TRY HARD	MILITARY STRONGHOLD	REQUIRED	COMPASSION OR FORGIVENESS	DECORATION	CONVERSATION WITH GOD	ARABIC WORD FOR MERCY	HAVING HIGH MORAL PRINCIPLES	FALLEN	FORTRESS	MERCY
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Gems 15-Word Crossword



"O God, my God, my Beloved, my heart's Desire." ~ The Báb



Down:

2. treated harshly and unfairly
3. having high moral principles
6. decoration
8. help to remove doubts or fears
9. improve the value of something
12. "___ the destitute"
13. "bring ___ to the sick"

Across:

1. "comfort the ___"
4. conversation with God
5. dishonored
7. try hard
10. not having basic needs met
11. liked or preferred
14. "bring hope to the ___"
15. "reassure the ___"

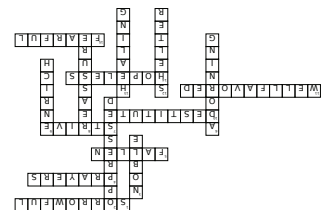
Word Bank

ADORNING
WELL-FAVORED
STRIVE
PRAYERS

NOBLE
ENRICH
FALLEN
SORROWFUL

HEALING
REASSURE
FEARFUL
OPPRESSED

HOPELESS
DESTITUTE
SHELTER



Gems 15-Word Word Search

"...strive that your actions day by day be beautiful prayers.
Turn towards God and seek always to do that which is right and noble."
~ 'Abdu'l-Bahá



J T C R O I K G Z H F R H Q E B S D Y B
T K F U E H T Z O A F M L Y T N R I Z U
T E B X W A K C C J F K I C V D T W N E
E W M M O J S Z D I M D E S T I T U T E
K F F C L P L S V H G U Z G V B J P J L
E C O Z Q T P W U R H Z Q J F H V I I J
X O M R Z L T R A R W Q R W F O H C Q X
P O E H T Y R P E I E B J T A P Y T U F
E K R E S R E A G S H Z R Y L E E F H T
C T C T I U E Z H P S O K O L I O E O C
T W Y L V O T S R M Q E T S E M I A P Q
E N Z H N E G Q S I A H D H N P Y R E Y
D C M A U S O L E U M T C E K R M F L R
L F W H V U K H I Z T N C L Z I P U E F
B X B M E N R B W R F W O T P S I L S B
Y W T R O A B I X Y C U Q E L O S E S Z
J P I X K A L Y P B L E V R N N H H Z O
S J Y Z N I S I E R I M J O O E F T G O
V F Q P F R N N N I G J M N K D T Y A K
R E N J S D V O Q G B E L V Y J I T V G

Word Bank

FALLEN
MAUSOLEUM
HEALING
REASSURE
FEARFUL

FORTRESS
IMPRISONED
OPPRESSED
HOPE
HOPELESS

SHELTER
DESTITUTE
EXPECTED
MERCY
RAHMAT

J T C R O I K G Z H F R H Q E B S D Y B
T K F U E H T Z O A F M L Y T N R I Z U
T E B X W A K C C J F K I C V D T W N E
E W M M O J S Z D I M D E S T I T U T E
K F F C L P L S V H G U Z G V B J P J L
E C O Z Q T P W U R H Z Q J F H V I I J
X O M R Z L T R A R W Q R W F O H C Q X
P O E H T Y R P E I E B J T A P Y T U F
E K R E S R E A G S H Z R Y L E E F H T
C T C T I U E Z H P S O K O L I O E O C
T W Y L V O T S R M Q E T S E M I A P Q
E N Z H N E G Q S I A H D H N P Y R E Y
D C M A U S O L E U M T C E K R M F L R
L F W H V U K H I Z T N C L Z I P U E F
B X B M E N R B W R F W O T P S I L S B
Y W T R O A B I X Y C U Q E L O S E S Z
J P I X K A L Y P B L E V R N N H H Z O
S J Y Z N I S I E R I M J O O E F T G O
V F Q P F R N N N I G J M N K D T Y A K
R E N J S D V O Q G B E L V Y J I T V G

Gems 17-Word Word Tracer

"O God, my God, my Beloved, my heart's Desire." ~ The Báb



Mausoleum

Reassure

Fortress

Oppressed

Shelter

Destitute

Expected

Mercy

Rahmat

Forgiveness

Adorning

Well-Favored

Strive

Prayers

Noble

Enrich

Comfort

Gems 25-Word Word Search

"...strive that your actions day by day be beautiful prayers.
Turn towards God and seek always to do that which is right and noble."
~ 'Abdu'l-Bahá



S N R Z W W J X S U F C S M I M P R I S O N E D Y
X Z E Z V S P D O I O I L M A R T Y R D O M Y G G
E E A U V M F P L S T V L A P U P N T T G X B Z O
W N S E G F B I R K T U E H F C B W C Y S K E R S
G R S W Y C E I A R Z S E V E F T R X M Q J J Y C
M I U E E J B D W U M D V T A J O S N O K Z C G F
A C R O C R F E T P J P A A R I R R N A S R L D Y
U H E S O I G S O C S R Q R F F A Z T R S H X N N
S M C S W W T T K X O A E H U N L T T R B B T X G
O F A L L E N I W T D Y M Z L Y S A G U E C S E K
L L V V Y K Z T P S V E C C C X Z L O M P S V X G
E U V X B S L U F S O R R O W F U L Q H V K S P P
U M H O P E X T N I K S M I J N G F T W V L Z E T
M H K B T Y F E A N I V S R F N K M R E Q Q B C T
C I K Z N Q W X P Y L T Z W O B J U F L O N F T M
O W E Z W C E H O H Q W I P R H A A O L O U D E G
M O U U D O X F P Z Q Q A V G E D H X F H A H D Q
F H M R M Y U S P W S H S D I A O F W A D W Y N N
O S E A U X A T R H D O N I V L R Z L V Q G N Z G
R P R H X L G R E N I P O L E I N V M O X S J C L
T A C M L G O I S V A E B X N N I N E R M O K F S
K I Y A W C L V S A P L L K E G N U I E A X J X E
Z J R T E Z Y E E A Q E E R S E G T Y D O S N C S
N Z L P Z B A U D X U S J T S Z O I S H E L T E R
G U N R E Y P I H R U S A B D B C V P M J F G D X

Word Bank

ADORNING	FALLEN	FORTRESS	EXPECTED
WELL-FAVORED	MAUSOLEUM	IMPRISONED	MERCY
STRIVE	SORROWFUL	OPPRESSED	RAHMAT
PRAYERS	HEALING	HOPE	FORGIVENESS
NOBLE	REASSURE	HOPELESS	
ENRICH	FEARFUL	SHELTER	
COMFORT	MARTYRDOM	DESTITUTE	



Gems Arts & Crafts

Rain Cloud Mobile!

This craft was inspired by Easy Peasy and Fun!

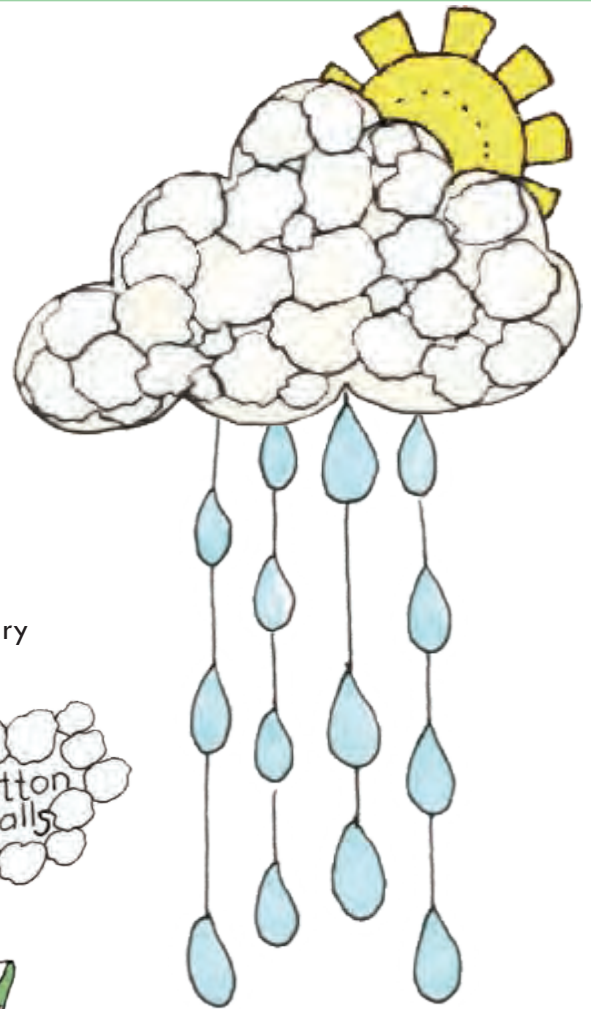
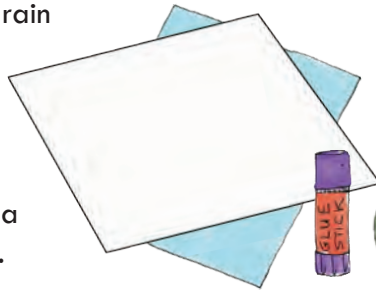
pinterest.com/easypeasyandfun/

You will need

- blue paper
- white paper
- cotton balls
- paper plate
- yellow paint
- glue
- clear tape
- scissors
- yarn (white or blue)
- paint brush

What to do

1. Paint the paper plate yellow like the sun. Allow the paint to dry completely.
2. While the paint is drying, you can work on the cloud and the rain drops.
3. Cut a cloud shape out of white construction paper. You can draw it with a pencil first if you like.
4. Next, cut a bunch of raindrops out of the blue paper. We used 14.
5. Cut several strings of yarn, about three times as long as your cloud is tall. We used 4 strings.
6. Attach the ends of the yarn to the back of the cloud with clear tape. Space them away from each other, enough so the drops will not touch when your craft is hung up.
7. Space the drops out and tape them to the yarn.
8. Is your plate dry yet? If it is, cut the edges of your plate to make sun rays. Trim a little bit of the sun off. This area will be hidden behind the cloud. This will make the next step easier.
9. Glue the cloud to the sun.
10. Apply a generous amount of glue to the cloud.
11. Stick cotton balls to the gluey cloud to make your cloud fluffy!
12. Hang your mobile and enjoy!



Gems Snacks

Watermelon Trees!

You will need

- A ripe watermelon
- A big knife to cut watermelon
- A smaller knife
- Popsicle Sticks (optional)
- Flavored yogurt (optional)

What to do

1. Get and adult to help with cutting if necessary.
2. Safely cut large round slices of watermelon.
3. Then cut the round slices in to triangle shapes.
4. Options:
 - Using the tip of a smaller knife, create a slit in the rind, just wide enough for a popsicle stick to be pushed into it. Press the popsicle stick in to the slit.
 - Cut part of the rind off of each end of the triangle. The remaining rind is now a popsicle stick!
 - Dribble drops of flavored yogurt onto your tree for an extra sweet decoration!



Did you have fun making a snack and doing this craft? We would LOVE to see your Watermelon Trees and your Rain Cloud Mobiles!

You can post pics on Facebook @MineRichInGems.IPG
on Instagram @MineRichInGems_IPG #GemsKids!

Gems Suggestions

Music!

Queen of Carmel by Adrienne Ewing-Roush & Castadarow Thompkins
This is a song about the Shrine of the Báb.

youtube.com/watch?v=wgUhwR1_2Jo



Enu mwakweñewa! Tabanaka yakudinũa, Lunda people, Zambia
Music about the Báb by friends in Namibia

news.bahai.org/story/1263/



Love, Love, Love Kertu Kelem

youtube.com/watch?v=5d77L33ghaM

Stories!

"The Proud Helper"

youtube.com/watch?v=23ukZSf3Z1I



Martyrdom of The Báb, a
story in song by
Smith & Dragoman

youtube.com/watch?time_continue=82&v=rt0J61FnRzY

The Fund

"If wealth and prosperity
become the means of service
at God's Threshold, it is highly
meritorious." ~ Universal
House of Justice

See you next month!
Love,
The Gems Kids

